

PSYC2206: Clinical and Health Psychology

[View Online](#)

Andrews, B., and G. W. Brown. 'Social Support, Onset of Depression and Personality'. *Social Psychiatry and Psychiatric Epidemiology* 23.2 (1988): 99–108. Web.

Andrews, Bernice, and Chris R. Brewin. 'Attributions of Blame for Marital Violence: A Study of Antecedents and Consequences'. *Journal of Marriage and the Family* 52.3 (1990): 757–767. Web.

Apkarian, A. Vania, Javeria A. Hashmi, and Marwan N. Baliki. 'Pain and the Brain: Specificity and Plasticity of the Brain in Clinical Chronic Pain'. *PAIN* 152.3 (2011): S49–S64. Web.

Beck, Aaron T., and David A. Clark. 'An Information Processing Model of Anxiety: Automatic and Strategic Processes'. *Behaviour Research and Therapy* 35.1 (1997): 49–58. Web.

Bennett, Paul. 'Hospital Issues'. *Introduction to Clinical Health Psychology*. Buckingham, Pa: Open University Press, 2000. 83–101. Web.
[<https://contentstore.cla.co.uk/secure/link?id=27c95d56-eb15-f011-81a2-842121568115>](https://contentstore.cla.co.uk/secure/link?id=27c95d56-eb15-f011-81a2-842121568115)

Bensing, J.M., and P.F.M. Verhaak. 'Communication in Medical Encounters'. *Health Psychology*. Malden, Mass: BPS Blackwell, 2004. 261–287. Web.
[<https://contentstore.cla.co.uk/secure/link?id=7f44c5f2-6e22-eb11-80cd-005056af4099>](https://contentstore.cla.co.uk/secure/link?id=7f44c5f2-6e22-eb11-80cd-005056af4099).

Berna, Chantal et al. 'Induction of Depressed Mood Disrupts Emotion Regulation Neurocircuitry and Enhances Pain Unpleasantness'. *Biological Psychiatry* 67.11 (2010): 1083–1090. Web.

Bisson et. al., J. I. 'Psychological Treatments for Chronic Post-Traumatic Stress Disorder: Systematic Review and Meta-Analysis'. *The British Journal of Psychiatry* 190.2 (2007): 97–104. Web.

Bonanno, George A. et al. 'What Predicts Psychological Resilience after Disaster? The Role of Demographics, Resources, and Life Stress.' *Journal of Consulting and Clinical Psychology* 75.5 (2007): 671–682. Web.

'BPS Document'. Web.
[<http://dcp.bps.org.uk/document-download-area/document-download\\$.cfm?file_uuid=1B292E21-7E96-C67F-D61AA2A6FC6FB7D1>](http://dcp.bps.org.uk/document-download-area/document-download$.cfm?file_uuid=1B292E21-7E96-C67F-D61AA2A6FC6FB7D1).

Brewin, Chris R. 'Theoretical Foundations of Cognitive - Behavior Therapy for Anxiety and Depression'. *Annual Review of Psychology* 47.1 (1996): 33–57. Web.

Brewin, Chris R., and Emily A. Holmes. 'Psychological Theories of Posttraumatic Stress Disorder'. *Clinical Psychology Review* 23.3 (2003): 339–376. Web.

Brown, G. W. et al. 'Social Support, Self-Esteem and Depression'. *Psychological Medicine* 16.04 (1986): 813–831. Web.

Brown, G. W., T. O. Harris, and C. Hepworth. 'Loss, Humiliation and Entrapment among Women Developing Depression: A Patient and Non-Patient Comparison'. *Psychological Medicine* 25.01 (1995): 7–21. Web.

Bushnell, M. Catherine, Marta Čeko, and Lucie A. Low. 'Cognitive and Emotional Control of Pain and Its Disruption in Chronic Pain'. *Nature Reviews Neuroscience* 14.7 (2013): 502–511. Web.

Butler, Stephen et al. 'A Randomized Controlled Trial of Multisystemic Therapy and a Statutory Therapeutic Intervention for Young Offenders'. *Journal of the American Academy of Child & Adolescent Psychiatry* 50.12 (2011): 1220–1235.e2. Web.

Chadwick, P., and H. Croker. 'Obesity Management - Worth the Effort?' *The Psychologist* 18.4 (2005): 220–223. Web.

<<https://search.proquest.com/docview/211832071?accountid=14511>>.

Clark, Lee Anna. 'Assessment and Diagnosis of Personality Disorder: Perennial Issues and an Emerging Reconceptualization'. *Annual Review of Psychology* 58.1 (2007): 227–257. Web.

Cohen, Sheldon, and Thomas A. Wills. 'Stress, Social Support, and the Buffering Hypothesis'. *Psychological Bulletin* 98.2 (1985): 310–357. Web.

<http://ovidsp.tx.ovid.com/sp-3.32.2a/ovidweb.cgi?&S=MALHFPJCPGDDEJDINCDKOCFBOMJKA00&Link+Set=S.sh.27%7c1%7csl_10&Counter5=CRS_view_found_article%7c00006823-198509000-00006%7cyrovft%7covfdb%7cyrovfta&Counter5Data=00006823-198509000-00006%7cyrovft%7covfdb%7cyrovfta>.

Coid et. al., J. 'Prevalence and Correlates of Personality Disorder in Great Britain'. *The British Journal of Psychiatry* 188.5 (2006): 423–431. Web.

Conner, Mark, and Paul Norman. Predicting Health Behaviour: Research and Practice with Social Cognition Models. 2nd ed. Maidenhead: Open University Press, 2005. Web.
<<https://www.dawsonera.com/abstract/9780335224593>>.

Constance L. Hammen. Depression. Hove, East Sussex, [England]: Psychology Press, 1997. Print.

Coyne, James C. et al. 'Living with a Depressed Person.' *Journal of Consulting and Clinical Psychology* 55.3 (1987): 347–352. Web.

Crisp et. al., A. H. 'Stigmatisation of People with Mental Illnesses'. *The British Journal of Psychiatry* 177.1 (2000): 4–7. Web.

Crossley, Michele L. 'Chapter 5'. Rethinking Health Psychology. Health psychology. Buckingham: Open University Press, 2000. Print.

Davey, Graham. *Phobias: A Handbook of Theory, Research, and Treatment*. Chichester: Wiley, 1997. Print.

Davey, Graham. *Psychopathology: Research, Assessment and Treatment in Clinical Psychology*. Second edition. BPS textbooks in psychology. [United Kingdom]: British Psychological Society and John Wiley & Sons Ltd, 2014. Print.

Davis, Rachel et al. 'Theories of Behaviour and Behaviour Change across the Social and Behavioural Sciences: A Scoping Review'. *Health Psychology Review* 9.3 (2015): 323-344. Web.

de C Williams, Amanda C., and Kenneth D. Craig. 'A Science of Pain Expression?' *Pain* 125.3 (2006): 202-203. Web.

de Ridder, D. 'Chronic Illness'. *Health Psychology*. Malden, Mass: BPS Blackwell, 2004. 207-233. Print.

DeVries, J. H., F. J. Snoek, and R. J. Heine. 'Persistent Poor Glycaemic Control in Adult Type 1 Diabetes. A Closer Look at the Problem'. *Diabetic Medicine* 21.12 (2004): 1263-1268. Web.

Dobson, Keith S. et al. 'Randomized Trial of Behavioral Activation, Cognitive Therapy, and Antidepressant Medication in the Prevention of Relapse and Recurrence in Major Depression.' *Journal of Consulting and Clinical Psychology* 76.3 (2008): 468-477. Web.

Eccleston C. 'A Normal Psychology of Chronic Pain'. *The Psychologist* (2011): n. pag. Web. <<https://thepsychologist.bps.org.uk/volume-24/edition-6/normal-psychology-chronic-pain>>

Fairburn, Christopher G, and Paul J Harrison. 'Eating Disorders'. *The Lancet* 361.9355 (2003): 407-416. Web.

Fairburn, Christopher G, Roz Shafran, and Zafra Cooper. 'A Cognitive Behavioural Theory of Anorexia Nervosa'. *Behaviour Research and Therapy* 37.1 (1999): 1-13. Web.

Farrington, David P. and Loeber, Rolf. *Serious & Violent Juvenile Offenders: Risk Factors and Successful Interventions*. Thousand Oaks, Calif: SAGE, 1999. Print.

Fisher, E. et al. 'Systematic Review and Meta-Analysis of Psychological Therapies for Children With Chronic Pain'. *Journal of Pediatric Psychology* 39.8 (2014): 763-782. Web.

Folkman, Susan, and Steven Greer. 'Promoting Psychological Well-Being in the Face of Serious Illness: When Theory, Research and Practice Inform Each Other'. *Psycho-Oncology* 9.1 (2000): 11-19. Web.

Fonagy, Peter. *What Works for Whom?: A Critical Review of Treatments for Children and Adolescents*. New York: Guilford Press, 2002. Print.

French, David. 'Introduction'. *Health Psychology*. 2nd ed. Chichester: BPS Blackwell, 2010. 1-10. Web.

<<https://contentstore.cla.co.uk/secure/link?id=745f0511-7122-eb11-80cd-005056af4099>>

Frick, Paul J., and Essi Viding. 'Antisocial Behavior from a Developmental Psychopathology Perspective'. *Development and Psychopathology* 21.04 (2009): 1111-1131. Web.

Gibbons et. al., Robert D. 'Benefits From Antidepressants'. *Archives of General Psychiatry* 69.6 (2012): 572-579. Web.

Gilbert, Paul. 'Evolution and Depression: Issues and Implications'. *Psychological Medicine* 36.03 (2005): 287-297. Web.

Gonder-Frederick, Linda A., Daniel J. Cox, and Lee M. Ritterband. 'Diabetes and Behavioral Medicine: The Second Decade.' *Journal of Consulting and Clinical Psychology* 70.3 (2002): 611-625. Web.

Grilo, Carlos. *Eating and Weight Disorders*. Clinical psychology, a modular course. Hove: Psychology Press, 2006. Print.

Hadjistavropoulos, Thomas et al. 'A Biopsychosocial Formulation of Pain Communication.' *Psychological Bulletin* 137.6 (2011): 910-939. Web.

Hammersley, R. 'Alcohol and Drug Use'. *Health Psychology*. 2nd ed. Chichester: BPS Blackwell, 2010. 73-83. Web.

<<https://contentstore.cla.co.uk/secure/link?id=06bbaa0a-b322-eb11-80cd-005056af4099>>

---. 'Alcohol and Drug Use'. *Health Psychology*. 2nd ed. Chichester: BPS Blackwell, 2010. 73-83. Web.

<<https://contentstore.cla.co.uk/secure/link?id=06bbaa0a-b322-eb11-80cd-005056af4099>>

Hawton, Keith. *Cognitive Behaviour Therapy for Psychiatric Problems: A Practical Guide*. Oxford medical publications. Oxford: Oxford University Press, 1989. Print.

Henggeler, Scott W. 'Efficacy Studies to Large-Scale Transport: The Development and Validation of Multisystemic Therapy Programs'. *Annual Review of Clinical Psychology* 7.1 (2011): 351-381. Web.

Henggeler, Scott W., Gary B. Melton, and Linda A. Smith. 'Family Preservation Using Multisystemic Therapy: An Effective Alternative to Incarcerating Serious Juvenile Offenders'. *Journal of Consulting and Clinical Psychology* 60.6 (1992): 953-961. Web.
<http://ovidsp.tx.ovid.com/sp-3.32.2a/ovidweb.cgi?&S=AOKPFPHFPPDDFJCKNCDKFEGCFHEGAA00&Link+Set=S.sh.72.74%7c16%7csl_10>.

Ismail, Khalida, Kirsty Winkley, and Sophia Rabe-Hesketh. 'Systematic Review and Meta-Analysis of Randomised Controlled Trials of Psychological Interventions to Improve Glycaemic Control in Patients with Type 2 Diabetes'. *The Lancet* 363.9421 (2004): 1589-1597. Web.

Jeffery et. al., R. W. 'Long-Term Maintenance of Weight Loss: Current Status'. *Health Psychology* 19.1 (Suppl.) (2000): 5-16. Web.
<<http://ovidsp.ovid.com/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00003615-200001001-00002&LSLINK=80&D=ovft>>

Keogh, Edmund, Benjamin A. Rosser, and Christopher Eccleston. 'E-Health and Chronic Pain Management: Current Status and Developments'. *Pain* 151.1 (2010): 18–21. Web.

Leeuw, Maaike et al. 'The Fear-Avoidance Model of Musculoskeletal Pain: Current State of Scientific Evidence'. *Journal of Behavioral Medicine* 30.1 (2007): 77–94. Web.

Legrain, Valéry et al. 'A Neurocognitive Model of Attention to Pain: Behavioral and Neuroimaging Evidence'. *Pain* 144.3 (2009): 230–232. Web.

Leventhal, H, D Meyer, and D Nerenz. 'The Common Sense Representation of Illness Danger'. New York: Pergamon, 1980. Print.

Littell, Julia H. 'Lessons from a Systematic Review of Effects of Multisystemic Therapy'. *Children and Youth Services Review* 27.4 (2005): 445–463. Web.

---. 'The Case for Multisystemic Therapy: Evidence or Orthodoxy?' *Children and Youth Services Review* 28.4 (2006): 458–472. Web.

Marks, David. *Health Psychology: Theory, Research and Practice*. 3rd ed. London: SAGE, 2011. Print.

McCracken, Lance M et al. 'Acceptance and Change in the Context of Chronic Pain'. *Pain* 109.1–2 (2004): 4–7. Web.

McNally, Richard J. 'Psychological Approaches to Panic Disorder: A Review'. *Psychological Bulletin* 108.3 (1990): 403–419. Web.

<https://ucl.primo.exlibrisgroup.com/permalink/44UCL_INST/18kagqf/cdi_proquest_journals_203490418>.

Melzack, R., and P. D. Wall. 'Pain Mechanisms: A New Theory'. *Science* 150.3699 (1965): 971–979. Web. <<http://www.jstor.org/stable/1717891>>.

Michie, Susan, Maartje M van Stralen, and Robert West. 'The Behaviour Change Wheel: A New Method for Characterising and Designing Behaviour Change Interventions'. *Implementation Science* 6.1 (2011): n. pag. Web.

Moffitt, Terrie E. et al. 'Childhood-Onset versus Adolescent-Onset Antisocial Conduct Problems in Males: Natural History from Ages 3 to 18 Years'. *Development and Psychopathology* 8.02 (1996): 399–424. Web.

Morley, Stephen, Christopher Eccleston, and Amanda Williams. 'Systematic Review and Meta-Analysis of Randomized Controlled Trials of Cognitive Behaviour Therapy and Behaviour Therapy for Chronic Pain in Adults, Excluding Headache'. *Pain* 80.1–2 (1999): 1–13. Web.

Morley, Stephen, Amanda Williams, and Christopher Eccleston. 'Examining the Evidence about Psychological Treatments for Chronic Pain: Time for a Paradigm Shift?' *Pain* 154.10 (2013): 1929–1931. Web.

Myers, L. B., S. P. Newman, and K. Enomoto. 'Coping'. *Health Psychology*. Malden, Mass: BPS Blackwell, 2004. 141–157. Print.

Nazroo, James Y., Angela C. Edwards, and George W. Brown. 'Gender Differences in the Prevalence of Depression: Artefact, Alternative Disorders, Biology or Roles?' *Sociology of Health and Illness* 20.3 (1998): 312–330. Web.

Newman, Stanton, Liz Steed, and Kathleen Mulligan. 'Self-Management Interventions for Chronic Illness'. *The Lancet* 364.9444 (2004): 1523–1537. Web.

Nock, Matthew K. et al. 'Prevalence, Subtypes, and Correlates of DSM-IV Conduct Disorder in the National Comorbidity Survey Replication'. *Psychological Medicine* 36.05 (2006): 699–710. Web.

Ogden, Jane. *Health Psychology*. 5th ed. Maidenhead: Open University Press, 2012. Web. <<https://www.dawsonera.com/abstract/9780335243846>>.

---. *Health Psychology: A Textbook*. 4th ed. Maidenhead: Open University Press/McGraw-Hill Education, 2007. Print.

Patterson, G. R., Barbara D. DeBaryshe, and Elizabeth Ramsey. 'A Developmental Perspective on Antisocial Behavior'. *American Psychologist* 44.2 (1989): 329–335. Web. <http://ovidsp.tx.ovid.com/sp-3.32.2a/ovidweb.cgi?S=AOKPFPHFPPDDFJCKNCDKFEGCFHEGAA00&Link+Set=S.sh.104.109%7c34%7csl_10>.

Peters, J. C. et al. 'From Instinct to Intellect: The Challenge of Maintaining Healthy Weight in the Modern World'. *Obesity Reviews* 3.2 (2002): 69–74. Web.

Pickard, Hanna. 'Responsibility Without Blame: Empathy and the Effective Treatment of Personality Disorder'. *Philosophy, Psychiatry, & Psychology* 18.3 (2011): 209–224. Web.

Pincus, T., and S. Morley. 'Cognitive Processing Bias in Chronic Pain: A Review and Integration'. *Psychological Bulletin* 127.5 (2001): 599–617. Web. <<http://ovidsp.ovid.com/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00006823-200109000-00002&LSLINK=80&D=ovft>>.

Powell, Graham E. and Lindsay, S. J. E. *The Handbook of Clinical Adult Psychology*. 3rd ed. London: Routledge, 2007. Print.

---. *The Handbook of Clinical Adult Psychology*. 3rd ed. London: Routledge, 2007. Print.

Rachman, Stanley. *Anxiety*. 3rd ed. *Clinical psychology : a modular course*. Hove, East Sussex: Psychology Press, 2013. Web. <<https://doi.org/10.4324/9780203554494>>.

Salmon, Peter. 'Clinical Communication: Partnership and Opposition'. *Psychology of Medicine and Surgery: A Guide for Psychologists, Counsellors, Nurses and Doctors*. Wiley series in clinical psychology. Chichester: Wiley, 2000. Web. <<https://contentstore.cla.co.uk/secure/link?id=91e21ee8-3520-f011-81a2-de36721ebb7e>>

Sullivan, Mark D. . 'Finding Pain between Minds and Bodies'. *The Clinical Journal of Pain* 17.2 (2001): 146–156. Web. <<http://ovidsp.ovid.com/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00002508-200106000-00007&LSLINK=80&D=ovft>>.

Taylor, Shelley E. *Health Psychology*. 9th ed. New York, NY: McGraw-Hill Education, 2015. Print.

---. *Health Psychology*. 9th ed. New York, NY: McGraw-Hill Education, 2015. Print.

Tighe, Andrea et al. 'Multisystemic Therapy for Young Offenders: Families' Experiences of Therapeutic Processes and Outcomes.' *Journal of Family Psychology* 26.2 (2012): 187-197. Web.

Toye, F et al. 'A Meta-Ethnography of Patients' Experience of Chronic Non-Malignant Musculoskeletal Pain'. *Health Services and Delivery Research* 1.12 (2013): 1-190. Web.

Tracey, I. 'Imaging Pain'. *British journal of anaesthesia* 101.1 (2008): 32-39. Web.

Trull, Timothy J. 'Relationships of Borderline Features to Parental Mental Illness, Childhood Abuse, Axis I Disorder, and Current Functioning'. *Journal of Personality Disorders* 15.1 (2001): 19-32. Web.

Vitousek, Kelly, Susan Watson, and G.Terence Wilson. 'Enhancing Motivation for Change in Treatment-Resistant Eating Disorders'. *Clinical Psychology Review* 18.4 (1998): 391-420. Web.

Vogele, C. 'Hospitalisation and Stressful Medical Procedures'. *Health Psychology*. Malden, Mass: BPS Blackwell, 2004. 288-304. Print.

WAKEFIELD, J. 'The Concept of Disorder as a Foundation for the DSM's Theory-Neutral Nosology: Response to Follette and Houts, Part 2'. *Behaviour Research and Therapy* 37.10 (1999): 1001-1027. Web.

Wall, PD. *Pain: The Science of Suffering*. London: Weidenfeld & Nicolson, 1999. Print.

Wardle, J. 'The Triple Whammy'. *The Psychologist* 18.4 (2005): 216-219. Web.
[<https://search.proquest.com/docview/211746959?accountid=14511>](https://search.proquest.com/docview/211746959?accountid=14511).

Werner, Anne, and Kirsti Malterud. 'It Is Hard Work Behaving as a Credible Patient: Encounters between Women with Chronic Pain and Their Doctors'. *Social Science & Medicine* 57.8 (2003): 1409-1419. Web.

West, Robert, and Saul Shiffman. *Smoking Cessation*. Fast facts. Oxford: Health Press, 2004. Print.

White, Craig A. 'Chapter 1'. *Cognitive Behaviour Therapy for Chronic Medical Problems: A Guide to Assessment and Treatment in Practice*. The Wiley series in clinical psychology. Chichester: John Wiley, 2001. Print.

Widiger, Thomas A., W. John Livesley, and Lee Anna Clark. 'An Integrative Dimensional Classification of Personality Disorder'. *Psychological Assessment* 21.3 (2009): 243-255. Web.

[<https://oce-ovid-com.libproxy.ucl.ac.uk/article/00012030-200909000-00002/HTML>](https://oce-ovid-com.libproxy.ucl.ac.uk/article/00012030-200909000-00002/HTML).

Wikstrom, Per-Olof H., and Rolf Loeber. 'Do Disadvantaged Neighborhoods Cause Well-Adjusted Children to Become Adolescent Delinquents? A Study of Male Juvenile

'Serious Offending, Individual Risk and Protective Factors, and Neighborhood Context'. Criminology 38.4 (2000): 1109–1142. Web.

Williams ACdeC. 'Pain – the Patient's Viewpoint'. The Psychologist. 26 (2011): 426–427. Print.

Zeidan, F. et al. 'Mindfulness Meditation-Related Pain Relief: Evidence for Unique Brain Mechanisms in the Regulation of Pain'. Neuroscience Letters 520.2 (2012): 165–173. Web.