

PSYCGN47: Clinical Skills 1: Bunsu Shah

View Online



MSc Developmental Psychology & Clinical Practice - Year 2. All lectures take place on Fridays 13:30 – 16:30 in the AFNCCF Library, unless otherwise noted below.

Aims: To enable students to understand and develop core clinical skills for working with children and families in a mental health setting. These include; how to work within an ethical and child centred framework, adapting your approach appropriately according to the developmental stage, presenting problem, personality and life history of the children and families and the ability to think reflexively.

Description: Clinical Skills I consists of 10 sessions during the Autumn term of year two. Over the course of the term a range of clinical presentations and professional issues will be explored. Students will be required to engage in small and large group discussions, as well as role plays and experiential exercises, in order to develop their clinical and reflective skills.

Assessment: Therapy snapshot assessment. In this assessment students will be required to explore a 5 minute therapy clip from a number of angles.

```
@book{Avraham-Krehwinkel_Aldridge_2010, address={London}, title={A non-violent resistance approach with children in distress: a guide for parents and professionals}, publisher={Jessica Kingsley}, author={Avraham-Krehwinkel, C. and Aldridge, D.}, year={2010} }
```

```
@inbook{Bailey_2006, address={London}, title={Adolescence and beyond: Twelve years onwards}, url={https://contentstore.cla.co.uk/secure/link?id=a49f21c2-8336-e711-80c9-005056af4099}, booktitle={The developing world of the child}, publisher={Jessica Kingsley}, author={Bailey, S.}, year={2006}, pages={208-225} }
```

```
@misc{ address={Leicester}, title={Code of ethics and conduct}, url={https://www.bps.org.uk/node/1714}, publisher={British Psychological Society}, author={British Psychological Society} }
```

```
@inbook{Burnham_2005, title={Relational reflexivity: A tool for socially constructing therapeutic relationships.}, booktitle={The space between: Experience, context and process in the therapeutic relationship}, publisher={Karnac Books}, author={Burnham, J.}, year={2005}, pages={1-18} }
```

```
@article{Carey_Mullan_2004, title={What is Socratic questioning?}, volume={41}, number={3}, journal={Psychotherapy: Theory, Research, Practice, Training},
```

author={Carey, T. A. and Mullan, R. J.}, year={2004}, pages={217-226} }

@article{Clabby_2006, title={Helping depressed adolescents: A menu of cognitive-behavioural procedures for primary care}, volume={08}, url={http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1540388/}, DOI={10.4088/PCC.v08n0302}, number={03}, journal={The Primary Care Companion to The Journal of Clinical Psychiatry}, author={Clabby, J. F.}, year={2006}, pages={131-141} }

@article{Duncan_Williams_Knowles_2012, title={Breaching confidentiality with adolescent clients: A survey of Australian psychologists about the considerations that influence their decisions}, volume={19}, DOI={10.1080/13218719.2011.561759}, number={2}, journal={Psychiatry, Psychology and Law}, author={Duncan, R. E. and Williams, B. J. and Knowles, A.}, year={2012}, pages={209-220} }

@article{E. Webb et al._2009, title={Using the UN Convention on the Rights of Children to improve the health of children}, volume={19}, DOI={10.1016/j.paed.2009.05.006}, number={9}, journal={Paediatrics and Child Health}, author={E. Webb et al.}, year={2009}, pages={430-434} }

@inbook{Freeman_Epston_Lobovits_1997a, address={London}, title={Playful communication in family therapy}, url={https://contentstore.cla.co.uk/secure/link?id=a35706fb-5036-e711-80c9-005056af4099}, booktitle={Playful approaches to serious problems : Narrative therapy with children and their families}, publisher={W.W. Norton}, author={Freeman, J. and Epston, D. and Lobovits, D.}, year={1997}, pages={3-33} }

@inbook{Freeman_Epston_Lobovits_1997b, address={New York}, title={Getting to know the child apart from the problem}, booktitle={Playful approaches to serious problems}, publisher={W.W. Norton}, author={Freeman, J. and Epston, D. and Lobovits, D.}, year={1997}, pages={34-46} }

@inbook{Freeman_Epston_Lobovits_1997c, address={New York}, title={Thinning the plot, thickening the counterplot}, booktitle={Playful approaches to serious problems}, publisher={W.W. Norton}, author={Freeman, J. and Epston, D. and Lobovits, D.}, year={1997}, pages={94-111} }

@inbook{Freire_2010, address={Hoboken, NJ}, title={From vulnerability to skillfulness : Leisure and positive intervention in therapy with adolescents}, url={https://contentstore.cla.co.uk/secure/link?id=36d62e45-5736-e711-80c9-005056af4099}, booktitle={Happiness, healing, enhancement : your casebook collection for applying positive psychology in therapy}, publisher={Wiley}, author={Freire, T.}, year={2010}, pages={100-112} }

@misc{2007, title={0-18 years: Guidance for all doctors}, url={https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/0-18-years}, author={General Medical Council}, year={2007} }

@misc{Gold_2012, title={Understanding childism: Are we prejudiced against children? | Psychology Today}, url={https://www.psychologytoday.com/blog/child-in-mind/201201/understanding-childism-are-we-prejudiced-against-children}, author={Gold, C.}, year={2012} }

@book{J. Wilson_1998, title={Child-focused practice: A collaborative systemic approach}, publisher={Karnac}, author={J. Wilson}, year={1998} }

@misc{Keeley_2009, title={Moving towards safe uncertainty: The development of resilience and excitement in the future (unpublished paper)}, url={http://www.keeleycarlisle.co.uk/Movingtowardssafeuncertainty.pdf}, author={Keeley, J.}, year={2009} }

@inbook{Kennedy_2008, address={New York, NY}, title={The use of formulation in inpatient settings}, url={https://contentstore.cla.co.uk/secure/link?id=efbffa7f-0f7d-ec11-94f6-a04a5e5d2f8d}, booktitle={Cognitive behaviour therapy for acute inpatient mental health units: Working with clients, staff and the milieu}, publisher={Routledge}, author={Kennedy, F.}, editor={Clarke, Isabel and Wilson, Hannah}, year={2008}, pages={39-62} }

@article{Kerns_Kendall_2012, title={The presentation and classification of anxiety in autism spectrum disorder}, volume={19}, DOI={10.1111/cpsp.12009}, number={4}, journal={Clinical Psychology: Science and Practice}, author={Kerns, C. M. and Kendall, P. C.}, year={2012}, pages={323-347} }

@article{Kerns et al._2014, title={Traditional and atypical presentations of anxiety in youth with autism spectrum disorder}, volume={44}, DOI={10.1007/s10803-014-2141-7}, number={11}, journal={Journal of Autism and Developmental Disorders}, author={Kerns et al., C. M.}, year={2014}, pages={2851-2861} }

@article{Koocher_2008, title={Ethical challenges in mental health services to children and families}, volume={64}, DOI={10.1002/jclp.20476}, number={5}, journal={Journal of Clinical Psychology}, author={Koocher, G. P.}, year={2008}, pages={601-612} }

@article{Lavender, title={Redressing the balance: The place, history and future of reflective practice in clinical training}, volume={27}, url={http://www.psychminded.co.uk/clinical-psychology-issue-27-july-2003/}, journal={Clinical Psychology: Reflective practice [Special issue]}, author={Lavender, T.}, pages={11-15} }

@book{Martell_Dimidjian_Herman-Dunn_2010, address={New York}, title={Behavioral activation for depression: A clinician's guide}, publisher={Guilford Press}, author={Martell, C. R. and Dimidjian, S. and Herman-Dunn, R.}, year={2010} }

@inbook{Mason_2005, title={Relational risk-taking and the therapeutic relationship}, url={https://contentstore.cla.co.uk/secure/link?id=dd541413-8a36-e711-80c9-005056af4099}, booktitle={The space between : experience, context, and process in the therapeutic relationship}, publisher={Karnac Books}, author={Mason, B.}, year={2005}, pages={157-170} }

@article{Mason_1993, address={London}, title={Towards positions of safe uncertainty}, volume={4}, url={https://contentstore.cla.co.uk//secure/link?id=ef4f432e-4b36-e711-80c9-005056af4099}, journal={Human systems : the journal of systemic consultation and management}, publisher={Leeds Family Therapy & Research Centre}, author={Mason, Barry}, year={1993}, pages={189-200} }

@article{Meichenbaum_2005, title={35 Years of working with suicidal patients: Lessons learned.}, volume={46},
url={http://ovidsp.ovid.com.libproxy.ucl.ac.uk/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00011346-200505000-00002&LSLINK=80&D=ovft}, number={2},
journal={Canadian Psychology/Psychologie Canadienne}, author={Meichenbaum, D.},
year={2005}, pages={64-72} }

@article{Moree_Davis_2010, title={Cognitive-behavioral therapy for anxiety in children diagnosed with autism spectrum disorders: Modification trends}, volume={4},
DOI={10.1016/j.rasd.2009.10.015}, number={3}, journal={Research in Autism Spectrum Disorders}, author={Moree, Brittany N. and Davis, Thompson E.}, year={2010},
month={Jul}, pages={346-354} }

@misc{ title={Multisystemic Therapy}, url={http://www.mstuk.org/}, author={MST-UK}
}

@misc{2004, title={Self-harm in over 8s: Short-term management and prevention of recurrence (NICE Clinical guideline CG16)}, url={https://www.nice.org.uk/guidance/cg16},
publisher={National Institute for Health and Care Excellence}, author={National Institute for Health and Care Excellence}, year={2004} }

@misc{2012, title={Gillick competency and Fraser guidelines (NSPCC factsheet)},
url={http://www.nspcc.org.uk/inform/research/questions/gillick_wda61289.html},
author={National Society for the Prevention of Cruelty to Children}, year={2012} }

@inbook{Norris_Maher_2009, address={New York}, title={The trap: Self-harm and young people in foster care and residential settings},
url={https://contentstore.cla.co.uk/secure/link?id=afc77e76-9732-e811-80cd-005056af4099}, booktitle={Managing self harm: Psychological perspectives}, publisher={Routledge},
author={Norris, V. and Maher, M.}, editor={Motz, Anna}, year={2009}, pages={82-96}
}

@misc{2010, title={Promoting quality care: good practice guidance on assessment and management of risk in mental health and learning disability services},
url={http://www.scie-socialcareonline.org.uk/promoting-quality-care-good-practice-guidance-on-assessment-and-management-of-risk-in-mental-health-and-learning-disability-services/r/a11G00000017uqHIAQ}, author={Northern Ireland. Department of Health, Social Services and Public Safety}, year={2010} }

@article{Ozsivadjian_Knott_Magiati_2012, address={London ; Thousand Oaks, CA},
title={Parent and child perspectives on the nature of anxiety in children and young people with autism spectrum disorders: A focus group study}, volume={16},
DOI={10.1177/1362361311431703}, number={2}, journal={Autism},
publisher={SAGE}, author={Ozsivadjian, A. and Knott, F. and Magiati, I.}, year={2012},
pages={107-121} }

@article{Paul_Newns_Creedy_2006, title={Some ethical issues that arise from working with families in the National Health Service}, volume={1},
DOI={10.1258/147775006777254506}, number={2}, journal={Clinical Ethics},
author={Paul, M. and Newns, K. and Creedy, K. V.}, year={2006}, pages={76-81} }

@inbook{Scaife_2010, address={New York, NY}, title={Frameworks supporting reflective

practice},
 url={https://contentstore.cla.co.uk/secure/link?id=6abdc19c-31a4-e711-80cb-005056af4099}, booktitle={Supervising the reflective practitioner}, publisher={Routledge},
 author={Scaife, J.}, year={2010}, pages={25-47} }

@article{Scott_Dadds, title={Practitioner review: When parent training doesn't work: Theory-driven clinical strategies}, volume={50},
 DOI={10.1111/j.1469-7610.2009.02161.x}, number={12}, journal={Journal of Child Psychology and Psychiatry}, publisher={Oxford ; USA Blackwell publishing},
 author={Scott, S. and Dadds, M. R.}, pages={1441-1450} }

@inbook{Slade_2008a, address={New York}, title={Mentalization as a frame for working with parents in child psychotherapy}, booktitle={Mind to mind: Infant research, neuroscience and psychoanalysis}, publisher={Other Press}, author={Slade, A.},
 editor={Jurist, Elliot L. and Slade, Arietta and Bergner (Eds.), Sharone}, year={2008},
 pages={307-344} }

@inbook{Slade_2008b, address={New York}, title={Working with parents in child psychotherapy: Engaging reflective capacities}, booktitle={Mentalization: Theoretical considerations, research findings, and clinical implications}, publisher={Analytic Press},
 author={Slade, A.}, year={2008}, pages={207-235} }

@article{Sondhi_Gulgulia_Shriharsh_2013, title={Cognitive-behavioral therapy for an Indian adolescent With depression: A clinical case study}, volume={12},
 DOI={10.1177/1534650112470741}, number={2}, journal={Clinical Case Studies},
 author={Sondhi, R. and Gulgulia, S. and Shriharsh, V.}, year={2013}, pages={157-173}
 }

@inbook{Urwin_2008, title={Where the wild things are: Tantrums and behaviour problems in two under-fives boys},
 url={https://contentstore.cla.co.uk/secure/link?id=66134d0a-8a36-e711-80c9-005056af4099}, booktitle={What can the matter Be?: Therapeutic interventions with parents, infants, and young children}, publisher={Karnac}, author={Urwin, C.}, editor={Bradley, E. and Emmanuel, L.}, year={2008}, pages={151-166} }

@inbook{Verduyn_Rogers_Wood_2009, address={London}, title={Cognitive Behaviour Therapy: An introduction and overview},
 url={https://contentstore.cla.co.uk/secure/link?id=4ca8e1e7-5436-e711-80c9-005056af4099}, booktitle={Depression: Cognitive behaviour therapy with children and young people}, publisher={Taylor & Francis}, author={Verduyn, C. and Rogers, J. and Wood, A.}, year={2009}, pages={13-26} }

@inbook{Walker_2012, address={London}, title={Recognising and treating self-harm},
 url={https://contentstore.cla.co.uk/secure/link?id=a44804d4-8636-e711-80c9-005056af4099}, booktitle={Responding to self-harm in children and adolescents : a professional's guide to identification, intervention and support}, publisher={Jessica Kingsley},
 author={Walker, S.}, year={2012}, pages={36-64} }

@article{Webb_2004, title={Discrimination against children}, volume={89},
 DOI={10.1136/adc.2003.046300}, number={9}, journal={Archives of Disease in Childhood}, author={Webb, E}, year={2004}, pages={804-808} }

@book{Webster-Stratton_Herbert_1995, address={Chichester}, title={Troubled families - problem children: Working with parents : A collaborative process}, publisher={Wiley}, author={Webster-Stratton, C. and Herbert, M.}, year={1995} }

@misc{ title={UNCRC Decoded: United Nations Convention on the Rights of the Child - awareness raising and promotion.},
url={http://www.uncrcletsgetitright.co.uk/images/PDF/ActivityToolkits/RaisingAwareness/UNCRCTheUNCRCDecodedEnglish.pdf}, author={Welsh Assembly Government & European Social Fund.} }

@article{Westman_1991, title={Juvenile ageism: Unrecognized prejudice and discrimination against the young}, volume={21}, DOI={10.1007/BF00705929}, number={4}, journal={Child Psychiatry & Human Development}, author={Westman, J. C.}, year={1991}, pages={237-256} }

@article{Young-Bruehl_2009, title={Childism—Prejudice against Children}, volume={45}, DOI={10.1080/00107530.2009.10745998}, number={2}, journal={Contemporary Psychoanalysis}, author={Young-Bruehl, E.}, year={2009}, pages={251-265} }

@article{Younggren_Harris_2008, title={Can you keep a secret? Confidentiality in psychotherapy}, volume={64}, DOI={10.1002/jclp.20480}, number={5}, journal={Journal of Clinical Psychology}, author={Younggren, J. N. and Harris, E. A.}, year={2008}, pages={589-600} }

@article{Clinical Psychology: Reflective practice [Special issue]_2003, volume={27}, url={http://www.psychminded.co.uk/clinical-psychology-issue-27-july-2003/}, year={2003} }

@misc{Antisocial behaviour and conduct disorders in children and young people: Recognition and management | Guidance and guidelines | NICE_2013,
url={https://www.nice.org.uk/guidance/cg158}, publisher={National Institute for Health and Care Excellence}, year={2013} }