

PSYCGN47: Clinical Skills 1: Bunsu Shah

MSc Developmental Psychology & Clinical Practice - Year 2. All lectures take place on Fridays 13:30 – 16:30 in the AFNCCF Library, unless otherwise noted below.

Aims: To enable students to understand and develop core clinical skills for working with children and families in a mental health setting. These include; how to work within an ethical and child centred framework, adapting your approach appropriately according to the developmental stage, presenting problem, personality and life history of the children and families and the ability to think reflexively.

Description: Clinical Skills I consists of 10 sessions during the Autumn term of year two. Over the course of the term a range of clinical presentations and professional issues will be explored. Students will be required to engage in small and large group discussions, as well as role plays and experiential exercises, in order to develop their clinical and reflective skills.

Assessment: Therapy snapshot assessment. In this assessment students will be required to explore a 5 minute therapy clip from a number of angles.

View Online



'Antisocial Behaviour and Conduct Disorders in Children and Young People: Recognition and Management | Guidance and Guidelines | NICE'
<<https://www.nice.org.uk/guidance/cg158>>

Avraham-Krehwinkel C and Aldridge D, A Non-Violent Resistance Approach with Children in Distress: A Guide for Parents and Professionals (Jessica Kingsley 2010)

Bailey S, 'Adolescence and beyond : Twelve Years Onwards', The developing world of the child (Jessica Kingsley 2006)
<<https://contentstore.cla.co.uk/secure/link?id=a49f21c2-8336-e711-80c9-005056af4099>>

British Psychological Society, 'Code of Ethics and Conduct'
<<https://www.bps.org.uk/node/1714>>

Burnham J, 'Relational Reflexivity: A Tool for Socially Constructing Therapeutic Relationships.', The space between: Experience, context and process in the therapeutic relationship (Karnac Books 2005)

Carey TA and Mullan RJ, 'What Is Socratic Questioning?' (2004) 41 Psychotherapy: Theory,

Research, Practice, Training 217

Clabby JF, 'Helping Depressed Adolescents: A Menu of Cognitive-Behavioural Procedures for Primary Care' (2006) 08 The Primary Care Companion to The Journal of Clinical Psychiatry 131 <<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1540388/>>

'Clinical Psychology: Reflective Practice [Special Issue]' (2003) 27
<<http://www.psychminded.co.uk/clinical-psychology-issue-27-july-2003/>>

Duncan RE, Williams BJ and Knowles A, 'Breaching Confidentiality with Adolescent Clients: A Survey of Australian Psychologists about the Considerations That Influence Their Decisions' (2012) 19 Psychiatry, Psychology and Law 209

E. Webb et al., 'Using the UN Convention on the Rights of Children to Improve the Health of Children' (2009) 19 Paediatrics and Child Health 430

Freeman J, Epston D and Lobovits D, 'Getting to Know the Child Apart from the Problem', Playful approaches to serious problems (WW Norton 1997)

—, 'Playful Communication in Family Therapy', Playful approaches to serious problems : Narrative therapy with children and their families (WW Norton 1997)
<<https://contentstore.cla.co.uk/secure/link?id=a35706fb-5036-e711-80c9-005056af4099>>

—, 'Thinning the Plot, Thickening the Counterplot', Playful approaches to serious problems (WW Norton 1997)

Freire T, 'From Vulnerability to Skillfulness : Leisure and Positive Intervention in Therapy with Adolescents', Happiness, healing, enhancement : your casebook collection for applying positive psychology in therapy (Wiley 2010)
<<https://contentstore.cla.co.uk/secure/link?id=36d62e45-5736-e711-80c9-005056af4099>>

General Medical Council, '0-18 Years: Guidance for All Doctors'
<<https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/0-18-years>>

Gold C, 'Understanding Childism: Are We Prejudiced against Children? | Psychology Today' (2012)
<<https://www.psychologytoday.com/blog/child-in-mind/201201/understanding-childism-are-we-prejudiced-against-children>>

J. Wilson, Child-Focused Practice: A Collaborative Systemic Approach (Karnac 1998)

Keeley J, 'Moving towards Safe Uncertainty: The Development of Resilience and Excitement in the Future (Unpublished Paper)'
<<http://www.keeleycarlisle.co.uk/Movingtowardssafeuncertainty.pdf>>

Kennedy F, 'The Use of Formulation in Inpatient Settings' in Isabel Clarke and Hannah Wilson (eds), Cognitive behaviour therapy for acute inpatient mental health units: Working with clients, staff and the milieu (Routledge 2008)
<<https://contentstore.cla.co.uk/secure/link?id=efbffa7f-0f7d-ec11-94f6-a04a5e5d2f8d>>

Kerns CM and Kendall PC, 'The Presentation and Classification of Anxiety in Autism Spectrum Disorder' (2012) 19 *Clinical Psychology: Science and Practice* 323

Kerns et al. CM, 'Traditional and Atypical Presentations of Anxiety in Youth with Autism Spectrum Disorder' (2014) 44 *Journal of Autism and Developmental Disorders* 2851

Koocher GP, 'Ethical Challenges in Mental Health Services to Children and Families' (2008) 64 *Journal of Clinical Psychology* 601

Lavender T, 'Redressing the Balance: The Place, History and Future of Reflective Practice in Clinical Training' 27 *Clinical Psychology: Reflective practice [Special issue]* 11
<<http://www.psychminded.co.uk/clinical-psychology-issue-27-july-2003/>>

Martell CR, Dimidjian S and Herman-Dunn R, *Behavioral Activation for Depression: A Clinician's Guide* (Guilford Press 2010)

Mason B, 'Towards Positions of Safe Uncertainty' (1993) 4 *Human systems: the journal of systemic consultation and management* 189
<<https://contentstore.cla.co.uk//secure/link?id=ef4f432e-4b36-e711-80c9-005056af4099>>

Mason B, 'Relational Risk-Taking and the Therapeutic Relationship', *The space between: experience, context, and process in the therapeutic relationship* (Karnac Books 2005)
<<https://contentstore.cla.co.uk/secure/link?id=dd541413-8a36-e711-80c9-005056af4099>>

Meichenbaum D, '35 Years of Working with Suicidal Patients: Lessons Learned.' (2005) 46 *Canadian Psychology/Psychologie Canadienne* 64
<<http://ovidsp.ovid.com.libproxy.ucl.ac.uk/ovidweb.cgi?T=JS&CSC=Y&NEWS=N&PAGE=fulltext&AN=00011346-200505000-00002&LSLINK=80&D=ovft>>

Moree BN and Davis TE, 'Cognitive-Behavioral Therapy for Anxiety in Children Diagnosed with Autism Spectrum Disorders: Modification Trends' (2010) 4 *Research in Autism Spectrum Disorders* 346

MST-UK, 'Multisystemic Therapy' <<http://www.mstuk.org/>>

National Institute for Health and Care Excellence, 'Self-Harm in over 8s: Short-Term Management and Prevention of Recurrence (NICE Clinical Guideline CG16)'
<<https://www.nice.org.uk/guidance/cg16>>

National Society for the Prevention of Cruelty to Children, 'Gillick Competency and Fraser Guidelines (NSPCC Factsheet)' (2012)
<http://www.nspcc.org.uk/inform/research/questions/gillick_wda61289.html>

Norris V and Maher M, 'The Trap: Self-Harm and Young People in Foster Care and Residential Settings' in Anna Motz (ed), *Managing self harm: Psychological perspectives* (Routledge 2009)
<<https://contentstore.cla.co.uk/secure/link?id=afc77e76-9732-e811-80cd-005056af4099>>

Northern Ireland. Department of Health, Social Services and Public Safety, 'Promoting

Quality Care: Good Practice Guidance on Assessment and Management of Risk in Mental Health and Learning Disability Services'

<<http://www.scie-socialcareonline.org.uk/promoting-quality-care-good-practice-guidance-on-assessment-and-management-of-risk-in-mental-health-and-learning-disability-services/r/a11G00000017uqHIAQ>>

Ozsivadjian A, Knott F and Magiati I, 'Parent and Child Perspectives on the Nature of Anxiety in Children and Young People with Autism Spectrum Disorders: A Focus Group Study' (2012) 16 *Autism* 107

Paul M, Newns K and Creedy KV, 'Some Ethical Issues That Arise from Working with Families in the National Health Service' (2006) 1 *Clinical Ethics* 76

Scaife J, 'Frameworks Supporting Reflective Practice', *Supervising the reflective practitioner* (Routledge 2010)

<<https://contentstore.cla.co.uk/secure/link?id=6abdc19c-31a4-e711-80cb-005056af4099>>

Scott S and Dadds MR, 'Practitioner Review: When Parent Training Doesn't Work: Theory-Driven Clinical Strategies' 50 *Journal of Child Psychology and Psychiatry* 1441

Slade A, 'Mentalization as a Frame for Working with Parents in Child Psychotherapy' in Elliot L Jurist, Arietta Slade and Sharone Bergner (Eds.) (eds), *Mind to mind: Infant research, neuroscience and psychoanalysis* (Other Press 2008)

—, 'Working with Parents in Child Psychotherapy: Engaging Reflective Capacities', *Mentalization: Theoretical considerations, research findings, and clinical implications* (Analytic Press 2008)

Sondhi R, Gulgulia S and Shriharsh V, 'Cognitive-Behavioral Therapy for an Indian Adolescent With Depression: A Clinical Case Study' (2013) 12 *Clinical Case Studies* 157

Urwin C, 'Where the Wild Things Are: Tantrums and Behaviour Problems in Two under-Fives Boys' in E Bradley and L Emmanuel (eds), *What can the matter Be?: Therapeutic interventions with parents, infants, and young children* (Karnac 2008)

<<https://contentstore.cla.co.uk/secure/link?id=66134d0a-8a36-e711-80c9-005056af4099>>

Verduyn C, Rogers J and Wood A, 'Cognitive Behaviour Therapy: An Introduction and Overview', *Depression: Cognitive behaviour therapy with children and young people* (Taylor & Francis 2009)

<<https://contentstore.cla.co.uk/secure/link?id=4ca8e1e7-5436-e711-80c9-005056af4099>>

Walker S, 'Recognising and Treating Self-Harm', *Responding to self-harm in children and adolescents: a professional's guide to identification, intervention and support* (Jessica Kingsley 2012)

<<https://contentstore.cla.co.uk/secure/link?id=a44804d4-8636-e711-80c9-005056af4099>>

Webb E, 'Discrimination against Children' (2004) 89 *Archives of Disease in Childhood* 804

Webster-Stratton C and Herbert M, *Troubled Families - Problem Children: Working with Parents : A Collaborative Process* (Wiley 1995)

Welsh Assembly Government & European Social Fund., 'UNCRC Decoded: United Nations Convention on the Rights of the Child - Awareness Raising and Promotion.'
<<http://www.uncrcletsgetitright.co.uk/images/PDF/ActivityToolkits/RaisingAwareness/UNCRCTheUNCRCDecodedEnglish.pdf>>

Westman JC, 'Juvenile Ageism: Unrecognized Prejudice and Discrimination against the Young' (1991) 21 *Child Psychiatry & Human Development* 237

Young-Bruehl E, 'Childism—Prejudice against Children' (2009) 45 *Contemporary Psychoanalysis* 251

Younggren JN and Harris EA, 'Can You Keep a Secret? Confidentiality in Psychotherapy' (2008) 64 *Journal of Clinical Psychology* 589