

MBBSCore: MBBS Years 1-2 Core Reading List (Academic Year 2020/21)

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Years 1 and 2 core list

1.

Anatomy TV (Primal Pictures).

http://www.anatomy.tv/new_home.aspx?startapp=&startres=&startstudyguide=&S=&ReturnUrl=&lpuserid=

2.

Dean, Christopher & Pegington, John. Core anatomy for students: Volume 1: The limbs and vertebral column. (W.B. Saunders, 1996).

3.

Dean, Christopher & Pegington, John. Core anatomy for students: Volume 2: The thorax, abdomen, pelvis and perineum. (W.B. Saunders, 1996).

4.

Dean, Christopher & Pegington, John. Core anatomy for students: Volume 3: The head and neck. (W.B. Saunders, 1996).

5.

Moore, K. L., Agur, A. M. R. & Dalley, A. F. Essential clinical anatomy. (Lippincott Williams & Wilkins, 2015).

6.

Abrahams, Peter H., Lumley, J. S. P., & Craven, J. L. Illustrated clinical anatomy. (Hodder

Arnold, 2011).

7.

Canby, Craig A. Problem-based anatomy. (Saunders, 2006).

8.

Harris, Philip F. & Ranson, Craig. Atlas of living and surface anatomy for sports medicine. (Churchill Livingstone, 2008).

9.

Gosling, J. A., Harris, P. F., Humpherson, J. R., Whitmore, I. & Willan, P. L. T. Human anatomy: color atlas and textbook. (Elsevier, 2017).

10.

Lumley, J. S. P. Surface anatomy: the anatomical basis of clinical examination. (Churchill Livingstone Elsevier, 2008).

11.

Weir, Jamie. Imaging atlas of human anatomy. (Mosby, 2011).

12.

Bender, D. A. Introduction to nutrition and metabolism. (CRC Press, 2014).

13.

Ferrier, D. R. Biochemistry. (Wolters Kluwer, 2017).

14.

Baynes, J. W. & Dominiczak, M. H. Medical biochemistry. (Elsevier, 2019).

15.

Papachristodoulou, D. K., Snape, A., Elliott, W. H. & Elliott, D. C. Biochemistry and molecular biology. (Oxford University Press, 2018).

16.

Frayn, K. N. Metabolic regulation: a human perspective. (Wiley Blackwell, 2010).

17.

Lieberman, M., Peet, A., Chansky, M., & Lippincott Williams & Wilkins. Marks' basic medical biochemistry: a clinical approach. (Wolters Kluwer, 2018).

18.

King, R. J. B. & Robins, Mike W. Cancer biology. (Pearson/Prentice Hall, 2006).

19.

Weinberg, Robert A. The biology of cancer. (Garland Science, 2013).

20.

Epstein, Owen. Clinical examination. (Mosby Elsevier, 2008).

21.

Lloyd, M., Bor, R. & Noble, L. M. Clinical communication skills for medicine. (Elsevier, 2018).

22.

Silverman, J., Kurtz, S. M. & Draper, J. Skills for communicating with patients. (Radcliffe, 2013).

23.

Coulehan, John L. & Block, Marian R. The medical interview: mastering skills for clinical practice. (F.A. Davis, 2006).

24.

Helman, Cecil. Culture, health and illness. (Hodder Arnold, 2007).

25.

Henley, Alix & Schott, Judith. Culture, religion and patient care in a multi-ethnic society: a handbook for professionals. (Age Concern Books, 1999).

26.

Carlson, B. M. & Kantaputra, P. N. Human embryology and developmental biology. (Elsevier, 2019).

27.

Schoenwolf, G. C., Bleyl, S. B., Brauer, P. R. & Francis-West, P. H. Larsen's human embryology. (Elsevier/Churchill Livingstone, 2015).

28.

Wolpert, L., Tickle, C. & Martinez Arias, A. Principles of development. (Oxford University Press, 2015).

29.

Holt, R. I. G., Hanley, N. A. & Brook, C. G. D. Essential endocrinology and diabetes. (Blackwell, 2006).

30.

Bonita, R., Kjellström, Tord, & Beaglehole, R. Basic epidemiology. (World Health Organisation, 2006).

31.

Coggon, D., Rose, G. A., & Barker, D. J. P. Epidemiology for the uninitiated. (BMJ, 2003).

32.

Hope, R. A., Savulescu, Julian, & Hendrick, Judith. Medical ethics and law: the core curriculum. (Churchill Livingstone, 2008).

33.

Brazier, M. & Cave, E. Medicine, patients and the law. (Manchester University Press, 2016).

34.

Gawande, A. Complications: a surgeon's notes on an imperfect science. (Profile Books Ltd, 2008).

35.

Warnock, Mary. An intelligent person's guide to ethics. (Duckworth Overlook, 2006).

36.

Petrie, A. & Sabin, C. Medical statistics at a glance. vol. The at a glance series (Wiley-Blackwell, 2009).

37.

Bland, M. An introduction to medical statistics. (Oxford University Press, 2015).

38.

Campbell, M. J., Machin, D. & Walters, S. J. Medical statistics: a textbook for the health sciences. (Wiley, 2007).

39.

Straus, S. E., Glasziou, P., Richardson, W. S. & Haynes, R. B. Evidence-based medicine: how to practice and teach EBM. (Elsevier, 2019).

40.

Mange, Elaine Johansen & Mange, Arthur P. Basic human genetics. (Sinauer Associates, 1999).

41.

Strachan, T. & Read, A. P. Human molecular genetics. (CRC Press, 2019).

42.

Turnpenny, P. D., Ellard, S. & Emery, A. E. H. Emery's elements of medical genetics. (Elsevier, 2017).

43.

Naidoo, J. & Wills, J. Foundations for health promotion. (Elsevier, 2016).

44.

Scriven, A. & Ewles, L. Ewles & Simnett's promoting health: a practical guide. (Elsevier, 2017).

45.

Young, Barbara, Woodford, Phillip, O'Dowd, Geraldine, & Wheeler, Paul R. Wheeler's functional histology: a text and colour atlas. (Churchill Livingstone, 2014).

46.

Ross, M. H. & Pawlina, W. Histology: a text and atlas : with correlated cell and molecular biology. (Wolters Kluwer, 2016).

47.

Delves, P. J., Martin, S. J., Burton, D. R. & Roitt, I. M. Roitt's essential immunology. (John Wiley & Sons, 2017).

48.

Lydyard, Peter M., Whelan, A., Fanger, Michael W., & Lydyard, Peter M. Immunology. vol. BIOS instant notes (Garland Science, 2011).

49.

Ward, Katherine N., McCartney, A. Christine, & Thakker, Bishan. Notes on medical microbiology: including virology, mycology, and parasitology. (Churchill Livingstone, 2009).

50.

Lydyard, Peter M. Case studies in infectious disease. (Garland Science, 2010).

51.

Gillespie, S. H. & Bamford, K. B. Medical microbiology and infection at a glance. (Wiley-Blackwell, 2012).

52.

Goering, R. V., Zuckerman, M. A., Dockrell, H., Chiodini, P. L. & Mims, C. A. Mims' medical microbiology and immunology. (Elsevier, 2019).

53.

Flint, S. J., Rall, G. F., Racaniello, V. R., Skalka, A. M. & Enquist, L. W. Principles of virology.

(ASM Press, 2015).

54.

Michael-Titus, Adina, Shortland, Peter, & Revest, Patricia. The nervous system: basic science and clinical conditions. vol. Systems of the body (Churchill Livingstone, 2010).

55.

Kingsley, Robert E. Concise text of neuroscience. (Lippincott Williams & Wilkins, 2000).

56.

Bear, M. F., Connors, B. W. & Paradiso, M. A. Neuroscience: exploring the brain. (Wolters Kluwer, 2016).

57.

Ayers, S. Cambridge handbook of psychology, health and medicine. (Cambridge University Press, 2019).

58.

Pocock, G., Richards, C. D. & Richards, D. A. Human physiology. (Oxford University Press, 2018).

59.

Widmaier, E. P., Raff, H., Strang, K. T., Shoenberger, T. C. & Vander, A. J. Vander's human physiology: the mechanisms of body function. (McGraw-Hill Education, 2019).

60.

Koeppen, B. M. & Stanton, B. A. Berne & Levy physiology. (Elsevier, 2018).

61.

Abelow, Benjamin. Understanding acid-base. (Williams & Wilkins, 1998).

62.

West, J. B. & Luks, A. West's respiratory physiology: the essentials. (Wolters Kluwer, 2016).

63.

Davies, Andrew & Moores, Carl. The respiratory system: basic science and clinical conditions. vol. Systems of the body (Churchill Livingstone, 2010).

64.

Field, Michael J., Pollock, Carol A., & Harris, David C. The renal system: basic science and clinical conditions. vol. Systems of the body (Churchill Livingstone, 2010).

65.

Noble, Alan. The cardiovascular system: basic science and clinical conditions. vol. Systems of the body (Churchill Livingstone, 2010).

66.

Johnson, L. R. Gastrointestinal physiology. (Elsevier, 2019).

67.

Rutishauser, Sigrud & Kindlen, Sheenan. Physiology for health care and nursing. (Churchill Livingstone, 2003).

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Cloutier, M. M. Respiratory physiology. (Elsevier, 2019).

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Lakhani, S. R., Finlayson, C. J., Dilly, S. A. & Gandhi, M. Basic pathology: an introduction to the mechanisms of disease. (CRC Press, 2016).

70.

Lydyard, Peter M. Pathology integrated: an A-Z of disease and its pathogenesis. (Arnold, 2000).

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Sociology as applied to health and medicine. (Palgrave, 2018).

72.

Johnson, M. H. & Johnson, M. H. Essential reproduction. (Wiley-Blackwell, 2013).

73.

White, B. A., Harrison, J. R. & Mehlmann, L. M. Endocrine and reproductive physiology. (Elsevier, 2019).

74.

Ritter, J. et al. Rang and Dale's pharmacology. (Elsevier, 2020).

75.

Bennett, P. N., Brown, M. J. & Sharma, P. Clinical pharmacology. (Churchill Livingstone/Elsevier, 2019).

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Neal, M. J. Medical pharmacology at a glance. vol. At a glance (Wiley/Blackwell, 2016).

77.

Page, C. & Pitchford, S. Dale's pharmacology condensed. (Elsevier, 2021).